



**PREMIER
VALLEY BANK**

a division of HTLF Bank

FINANCIAL FEED ^{2023.5}

Combating Inflation

*Money management strategies to
weather the storm*

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FINANCIAL FEED 2023.5



Premier Valley Bank, a division of HTLF Bank, operates with local autonomy, and our bankers are devoted to gaining an in-depth understanding of each client’s financial relationship. This level of commitment enables us to provide banking services that feel more like an extension of your family, rather than just a partner. Our unparalleled dedication to the client experience is reinforced by our holding company, HTLF.

Our unique model empowers our geographically diverse group of banks with cutting-edge technology, efficiency, and strength, while our local bank brands provide commercial, small business, and consumer banking services. Our deep local roots and longstanding connections enable us to offer a personalized touch that you won’t find at larger banks. As a division of HTLF, we provide our clients with a full range of products and services from treasury management services to lending solutions, we have the expertise and resources to compete at any level.

We remain committed to our mission of enriching lives one client, employee and community at a time and look forward to continuing to be the bank you can always depend on.

03 Executive Summary	ECONOMIC TRENDS Several factors caused growth to slow coming into 2023. Lingering Covid disruptions, rising energy prices, and continued supply issues made it difficult for many middle-market firms to expand.
04 Macroeconomic Conditions	
06 Significant Challenges in 2023 and Beyond	MIDDLE MARKET & SMALL BUSINESS CHALLENGES Survey results from HTLF clients and findings from other research have identified inflation, labor shortages, and labor costs as their three most significant challenges in 2023.
08 Combating Inflation	TACTICS TO COMBAT INFLATION Inflation has been at the top of everyone’s mind. Business owners felt the sting of increased prices, higher energy costs, and diminishing sales as many Americans kept their cards and cash in their wallets. With inflation persisting into 2023 business leaders must take action today to reduce the impact of inflation on their finances.
12 Labor Force / Labor Cost Challenges	
15 Local Market	LABOR FORCE CHALLENGES There’s a “now hiring” sign in every window. Business leaders around the country might be optimistic regarding cooling inflation, but they remain pessimistic about maintaining their workforce. What role does ‘quiet quitting’ play in this puzzle? And how will curbing employee burnout lead to increased productivity?

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Information contained in this newsletter comes from a range of experts and sources. If you have any questions about specific content, contact Premier Valley Bank, a division of HTLF Bank.

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Businesses across the U.S. displayed a great deal of resilience over the last fifteen months as they overcame various post Covid challenges. Many challenges from 2022 have spilled over into 2023 and new obstacles have left some business leaders uneasy. As the Fed continues to wrestle with inflation and the labor war carries on, having a reliable financial partner on your team to provide counsel and help guide decision-making will allow you to manage with confidence. In compiling survey results from our clients and reviewing reliable sources, we've created the Financial Feed to provide you with valuable insights to help you conquer potential challenges and capitalize on opportunities.

A Message from Lo B. Nestman

Financial partners you can count on to help you achieve growth goals

American business leaders have gone through a lot over the past few years. Between the Covid-19 pandemic, supply chain disruptions, the Russo-Ukrainian war, inflation, and shortages in every sector, it's incredible how resilient American business owners have shown themselves to be.

They must be ready to carry that same resilience into 2023.

Premier Valley Bank, a division of HTLF Bank, sourced data from business leaders across the country to determine where they stand as 2023 unfolds. What are some of their biggest challenges—and what best practices can they employ to thrive in the new year?

Data shows that inflation, labor shortages, and rising labor costs ranked highest among 2023's looming challenges. Last year saw surging economic optimism as we moved out of the pandemic and back toward a sense of normalcy. Their ability to tackle supply chain issues while pivoting towards significant change—such as adopting remote and hybrid work models at a moment's notice—certainly paid off.

Despite economic challenges, middle-market businesses have been able to adjust and cope with the numerous

post-Covid issues. To support our clients in making informed decisions, we have gathered reliable data to outline the macro and local economic conditions.

This report will unpack how business leaders can face these challenges head-on while preparing themselves for a potential slowdown. Middle-market research shows sustained growth among these firms, despite ongoing macroeconomic pressures.

Our clients displayed an unprecedented ability to grow through hardship. Their flexibility through uncertain times helped them remain confident in their businesses, a confidence we promise to parallel as we move through 2023. As your trusted financial partner you can count on, we will continue to provide counsel and help you overcome challenges in 2023 and beyond.



Lo B. Nestman
President & CEO

Lo B. Nestman, President and CEO, brings over two decades of banking leadership expertise to the organization's executive team. Throughout his career, he has held positions of increasing responsibility across commercial and retail banking and has delivered outstanding performance. He's a graduate of the University of Utah in Salt Lake City, the ABA Stonier National Graduate School of Banking, and The Wharton School. His community involvement includes Habitat for Humanity, Fresno Business Council, and other community organizations.

Macroeconomic Conditions

Business leaders express confidence despite signs of a potential slowdown

About 200,000 middle-market businesses in the U.S. encompass one-third of the private-sector GDP. They also employ some 48 million people. They proved their resilience during the 2007-2010 Global Financial Crisis (GFC), creating 2.2 million jobs across all major industries.

Ranging from private and public entities to family-owned firms, the significance of these companies to the national economy is impossible to ignore.

National Center for the Middle Market (NCMM) reported¹ middle market companies of all sizes and across all industry segments experienced growth of 10% or more for both revenue and employment. Despite economic pressures, overall confidence levels are on the rebound after dipping in 2022.

According to the Federal Reserve District Summary of Commentary on Current Economic Conditions², economic activity remained flat with interest rates and inflation continuing to weigh on economic activity causing respondents uncertainty or increased pessimism about the outlook. Capital Economics supports these feelings with their prediction of a mild³ recession this year, as aggressive interest rate hikes impact consumption and investment. On the brightside they also predict inflation to fall back more rapidly than the Fed anticipates, with rate cuts being a possibility in late 2023.

Regardless, middle market owners must remain cautious, as nationwide confidence in long-term expansion isn't as high as in 2022. Don't slam on the brakes, but stay wary of your gas pedal.

SOURCES

¹ [National Center for the Middle Market: Year-End 2022 Middle Market Indicator](#)

² [Federal Reserve District: Beige Book](#).

³ [Capital Economics: Global Economic Outlook](#).

Unemployment Rate

In percent, seasonally adjusted.

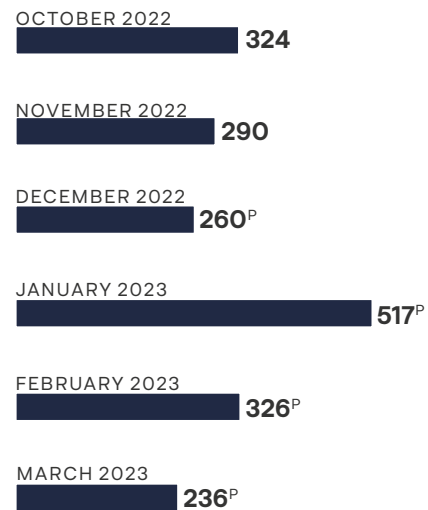


Source: U.S. Bureau of Labor Statistics <https://www.bls.gov/eag/eag.us.htm>

Change in Payroll Employment

Number of jobs, in thousands, seasonally adjusted

^PPreliminary



Source: U.S. Bureau of Labor Statistics <https://www.bls.gov/eag/eag.us.htm>

Average Hourly Earnings

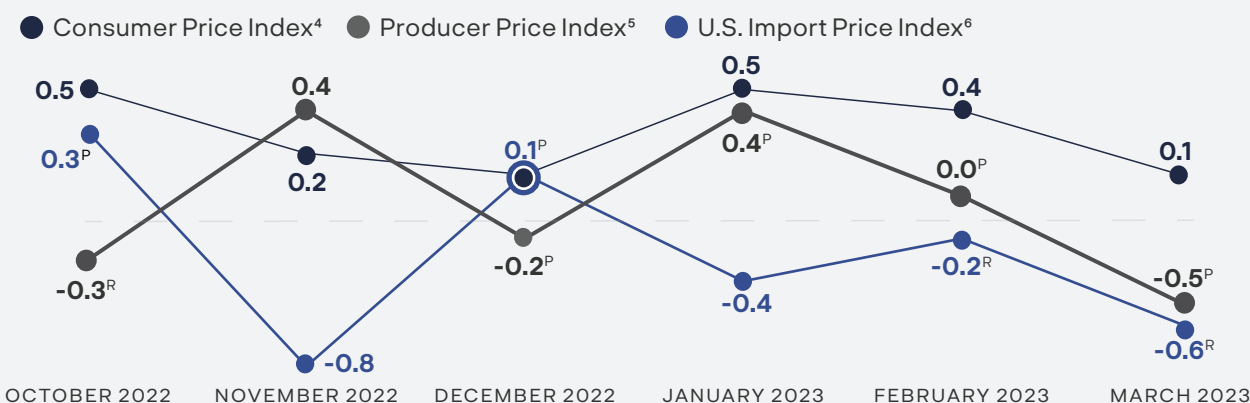
Average Hourly Earnings for all employees on private nonfarm payrolls

^P Preliminary



Consumer, Producer and U.S. Import Price Index

⁴ All items, U.S. city average, all urban consumers, 1982-84=100, 1-month percent change, seasonally adjusted. ⁵ Final Demand, 1-month percent change, seasonally adjusted. ⁶ All imports, 1-month percent change, not seasonally adjusted ^P Preliminary ^R Revised



David Triplitt, EVP Head of Commercial Banking, has over three decades of commercial banking experience. He oversees the Bank's Commercial team throughout California, providing financial solutions to small and middle-market businesses. He earned his bachelor's and master's degree from Fresno State, and is actively involved in the Marriage Ministry at the Well Community Church.

David Triplitt
Head of Commercial, EVP

"We may see a tapering of the interest rate hikes we saw in 2022. I believe it will slow and level out in 2023. Inflationary pressures are beginning to subside. Inflation and labor shortages will most likely persist throughout 2023, but I'm optimistic that the problems we saw through 2022 will continue to decrease as they are starting to show signs of doing today."

- DAVID TRIPLITT



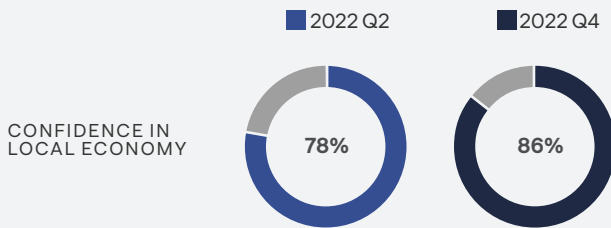
Middle Market and Small Businesses' Most Significant Challenges in 2023 and Beyond

HTLF clients survey results found that, as of Q4 2022, most mid-sized and small business owners cited inflation, labor shortages, labor costs, and supply chain issues as their most significant challenges.

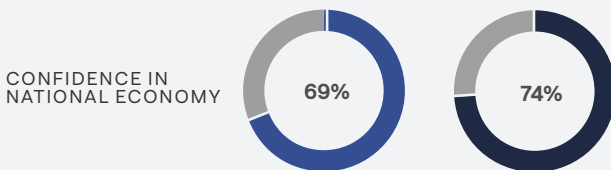
HTLF's client base aligns with broader mid-market trends, making the survey a relevant general indicator. Meanwhile, the National Center for the Middle Market reports economic confidence levels are bouncing back after the dipping in 2022. Consider the following findings from NCMM's Year-End 2022 middle market indicator survey.

Confidence in Economy

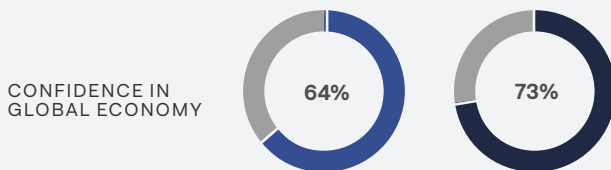
NCMM's Middle Market Indicator: Year-End 2022



86% of middle market leaders expressed confidence in their local economy, compared to 78% in the second quarter of 2022.



74% said they felt confident in the national economy, compared to 69% in the second quarter of 2022.

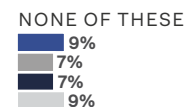
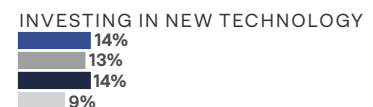
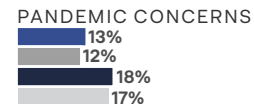
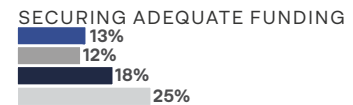
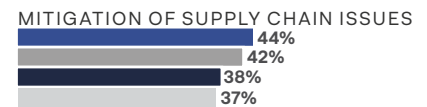
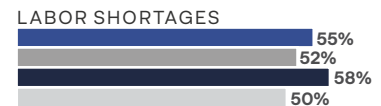


There was an increase with 73% middle market leaders expressing confidence compared to 64% in the second quarter of 2022.

Most Significant Challenges

Quarterly Trend

- HTLF Overall Q1 2022 (359)
- HTLF Overall Q2 2022 (201)
- HTLF Overall Q3 2022 (257)
- HTLF Overall Q4 2022 (163)



"As we spoke with many of our clients there was continued and deep discussion about their cash flow cycles. Some clients had not looked at or analyzed how cash moves through their business for some time. With the liquidity in the market over the past 24-36 months there did not appear to be a need. As we see liquidity tighten, input costs increasing, and the cost of money increasing, the need to review cash flow cycles has become of the utmost importance.

— BLAKE ROWAN



Blake Rowan, SVP Commercial Team Lead, has over a decade of experience in the Commercial banking industry. He leads the bank's Commercial Banking team on the Central California Coast and focuses on business of all size sizes throughout the Central Coast including those business in commercial real estate, manufacturing businesses, and professional services. Blake earned his degree in Agribusiness with a concentration in Finance and Appraisal from Cal Poly in San Luis Obispo, CA. As an active member of the community, Blake is involved with the REACH Council, Atascadero Rotary, Leadership SLO Class 30, and FCA North County Advisory Team.

Blake Rowan, Commercial Team Lead, SVP

THE LABOR TALENT WAR

The U.S. labor market appears headed for some turbulence. Reflecting an expected slowdown in economic growth, as of February of 2023, the Congressional Budget Office⁴ projects unemployment to rise from 3.6 percent in Q4 of 2022 to 5.1 percent by the end of 2023, averaging 4.7 percent for 2023 as a whole.

Yet, at the same time, intense competition for employment talent continues to impact the U.S. labor landscape: despite projected job losses, the market continues to favor those looking for work. As Forbes puts it, the "Labor Talent War" is intensifying, leading to a talent shock in 2023 that companies must also prepare to face. To attract and retain the talent they need, employers must be ready to mold their working environment to fit the new world. This includes

job flexibility, workplace diversity, and authentic leadership.

Leaders need to re-skill and upskill their workforce to meet the demands of the Fourth Industrial Revolution. These steps include hiring new employees, using low- and no-code software, and creating a culture of continuous learning. The pandemic caused many people to reevaluate their careers, resulting in mass resignations across many sectors.

FINANCIAL INSTABILITY

Although many are predicting a decrease in inflation, businesses should consider preparing for many economies to stagnate or shrink.

According to NCMM's Year-End Middle Market Indicator, economic factors such as inflation, higher interest rates, and possible slowdown may be influencing the reduction in appetites for investment.

The International Monetary Fund⁵ supports the notion of financial instability and possible recession with global growth forecast to slow from 3.2 percent in 2022 to 2.7 percent in 2023.

⁴[Congressional Budget Office: The Economic Outlook for 2023 to 2033 in 16 Charts](#)

⁵[International Monetary Fund: World Economic Outlook Report October 2022](#)

COMBATING

INFLATION

Money management strategies to weather the storm

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Congressional Budget Office states the Feds preferred measure of inflation - personal consumption expenditures (PCE) is projected to remain above the Federal Reserve's long-term goal of 2 percent through 2024⁴.

PCE is a measure of the spending on goods and services by people in the United States. The Congressional Budget Office predicts inflation to slow gradually with a PCE price index of 3.3 percent in 2023 and 2.4 percent in 2024⁴. Of course this is largely attributed to the Federal Reserve's interest rate hikes, which present new growth challenges for business owners.

But despite the Fed's efforts to tamp inflation, many signs are pointing toward a slowdown in 2023, making a recession possible—if not probable. If this is true, business leaders must prepare ahead of time. Steps might include—erring on the side of caution; expecting slumping sales, tightening budgets, and experiencing increased difficulty securing capital.

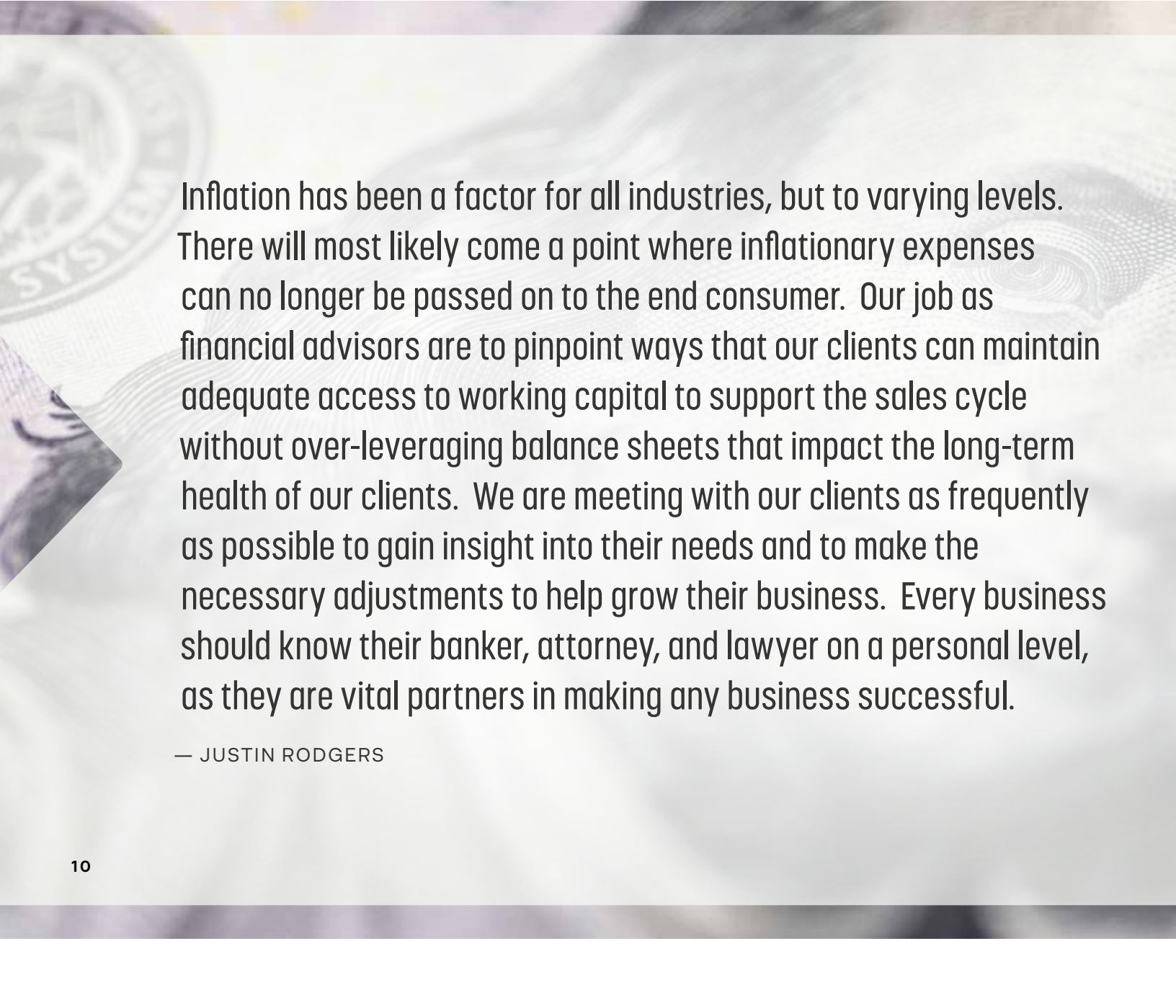
To combat inflation, companies must clearly understand how and where they spend their money.

This requires end-to-end spending visibility by business process, function, and cost category. Business leaders can leverage forecasting and budgeting tools to obtain detailed insights into spending patterns. Cut back on spending by renegotiating contracts with suppliers, reducing inventory levels, and streamlining processes for more efficiency.

With inflation carrying into 2023, owners must take action now to reduce the impact of inflation. With the right strategies and financial partners, you can do more than survive the inflation storm—you can thrive.

Begin with a full evaluation of your company's financial health. Understand that net income and operating profit margins are both important indicators of your company's financial standing.

Your net income reflects profit value after deducting company expenses, while operating profit margins indicate earnings before interest and taxes, serving as a sound basis for measuring cost management and sales generation. Itemizing assets and liabilities help paint a clearer picture of a firm's current debt and financial health.



Inflation has been a factor for all industries, but to varying levels. There will most likely come a point where inflationary expenses can no longer be passed on to the end consumer. Our job as financial advisors are to pinpoint ways that our clients can maintain adequate access to working capital to support the sales cycle without over-leveraging balance sheets that impact the long-term health of our clients. We are meeting with our clients as frequently as possible to gain insight into their needs and to make the necessary adjustments to help grow their business. Every business should know their banker, attorney, and lawyer on a personal level, as they are vital partners in making any business successful.

— JUSTIN RODGERS

To weather inflation in 2023, companies must focus on scalable growth and thoughtful reinvestment programs.

Find ways to increase purchasing and pricing capabilities while minimizing reliance on volatile labor markets and maximizing top-line revenue while maintaining high employee retention rates.

Detailed spending visibility is essential to establishing end-to-end spending transparency. Differentiate between necessary and frivolous spending and re-align costs with strategy.

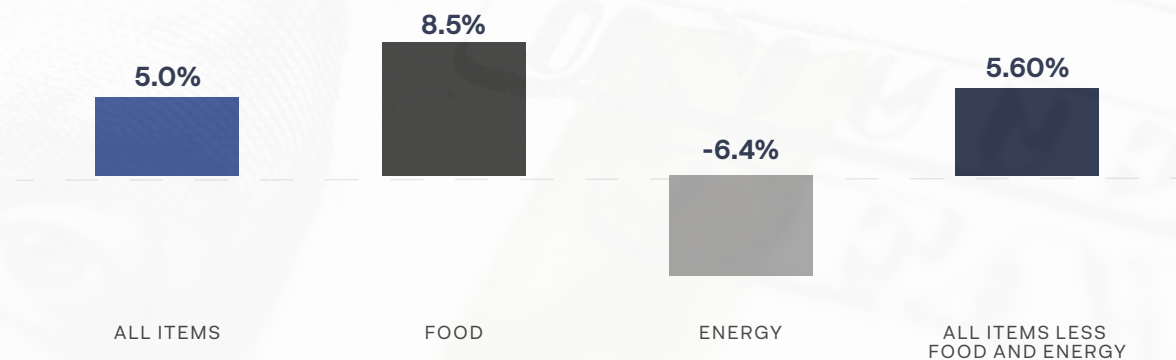
According to Deloitte survey data⁶, 39% of chief financial officers expect the American economy to enter a period of “stagflation”—the intersection of high inflation and

economic stagnation. Furthermore, 46% of those surveyed expect a recession in 2023.

As business owners battle the ‘two-headed stagflation monster’—as The Economist⁶ puts it—some may consider passing increased costs onto the customer. For example, in 2022, McDonald’s raised the price of cheeseburgers in the UK for the first time in nearly 15 years. This tactic is risky, though: most customers react poorly to visibly higher prices. Essential goods and trusted brands can pull it off, but non-essentials and new businesses will struggle.

⁶ <https://www.economist.com/the-world-ahead/2022/11/18/companies-must-battle-the-beast-of-stagflation>

12-month percentage change, Consumer Price Index, selected categories, March 2023, not seasonally adjusted



Source: <https://www.bls.gov/charts/consumer-price-index/consumer-price-index-by-category.htm>



Justin Rodgers
Commercial Team Lead, SVP

Justin Rodgers, SVP Commercial Team Lead, has over two decades experience in the Commercial banking industry. He leads the Bank’s Small Business and Commercial Banking team in Fresno, California. His knowledge and expertise helps exceed our commercial clients needs whether that be operating capital, commercial real estate financing, healthcare finance, or equipment acquisition. Justin earned his undergraduate from California State University, Fresno and is a member of the Pi Kappa Alpha Fraternity. He currently serves as a board member of Kids At Heart and is actively involved in the Fresno State Bulldog Foundation.

The Battle For Talent

Leaders are reexamining how they retain and recruit talent

Despite rising forecasts for unemployment, labor shortages continue to plague business owners of all shapes and sizes. Most experts concur that 2023 will bring some degree of economic downturn—they can't agree on the extent. Regarding labor forces, let's look to the past to see if it can shape the future.

The Global Financial Crisis at the end of the 2000s led to many employers cutting back their labor forces to stay alive. Fewer workers meant those still employed had to pick up the slack, which led to burnout and disengagement. When the economy recovered, some companies had difficulty hiring people back. Research from Korn Ferry⁷ found similar patterns in the first few months of pandemic lockdowns.

Gallup finds, quiet quitters make up at least 50% of the U.S. workforce⁸. Defined as making the conscious choice to avoid work beyond one's job description or simply doing the bare minimum to remain employed, if not addresses quiet quitting can hurt your business.

According to Sally McKibbin, a career coach with Indeed, 'quiet quitting' refers to the shift away from the hustle culture that prevailed pre-Covid⁹. Quiet quitters aim to set more boundaries between their professional and personal lives. Burnout that may lead to quiet quitting mainly concerns Gen Z

workers, who are more likely to experience this than previous generations due to their high levels of ambition and expectations for success.

Many business leaders began paying attention to the growing quiet quitting trend when data on productivity showed sharp and unexpected drops in 2022¹⁰.

⁷ <https://hrexecutive.com/whats-in-store-for-talent-acquisition-in-2023/>

⁸ <https://www.gallup.com/workplace/398306/quiet-quitting-real.aspx>

⁹ <https://www.myob.com/au/blog/quiet-quitting-and-maintaining-workplace-morale/>

¹⁰ https://www.piie.com/blogs/realtime-economics/record-us-productivity-slump-first-half-2022-risks-higher-inflation-and?utm_source=npr_newsletter&utm_medium=email&utm_content=20220909&utm_term=7224424&utm_campaign=money&utm_id=5861281&utm_orgid=88&utm_att1=

Fastest Growing Professions Overall

2021-31 Projected Growth

NURSE PRACTITIONERS



WIND TURBINE SERVICE TECHNICIANS



USHERS, LOBBY ATTENDANTS, AND TICKET TAKERS



MOTION PICTURE PROJECTIONISTS



COOKS, RESTAURANT

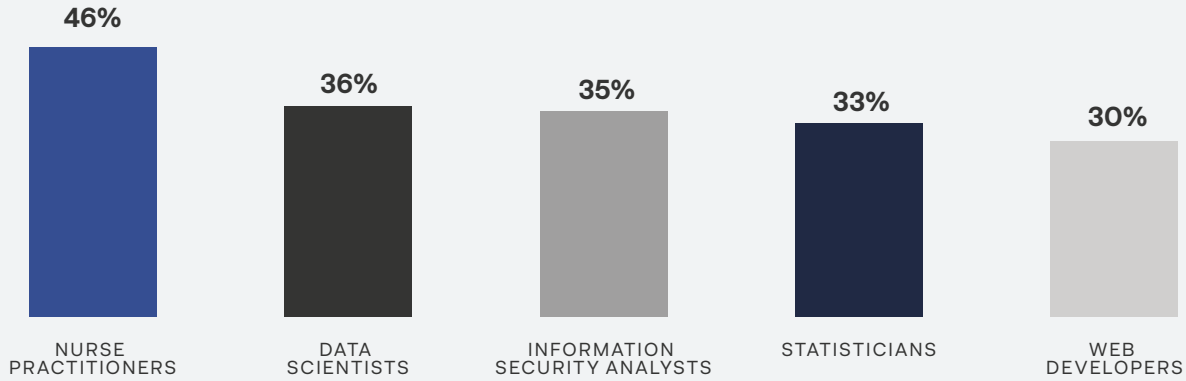


Source: U.S. Bureau of Labor Statistics <https://www.bls.gov/emp/>



Fastest Growing Occupations, Bachelor's Degree or Higher Required

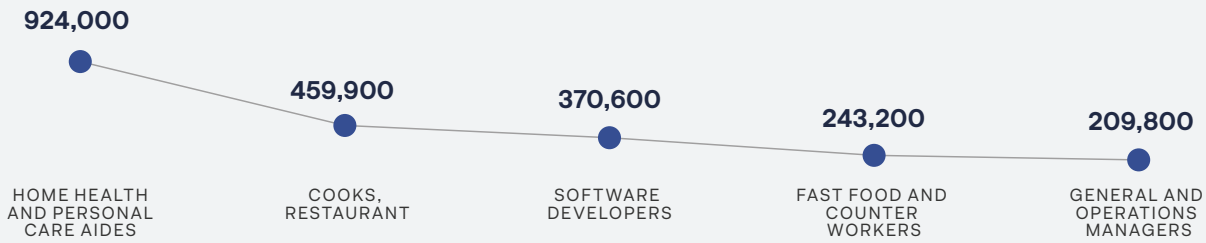
2021-31, Projected



Source: U.S. Bureau of Labor Statistics <https://www.bls.gov/emp/>

Occupations with Most New Jobs

2021-31, Projected



Source: U.S. Bureau of Labor Statistics <https://www.bls.gov/emp/>



Traditionalist leaders quickly pinned it on remote work. BlackRock CEO Larry Fink called for requiring his employees to return in-office, blaming remote workers for declines in productivity¹¹.

Data from 2020 and 2021 proves those traditionalists wrong¹². Productivity jumped in Q2 2020 as offices shut down and employees worked from home. This trend continued through Q4 2021 and only dropped when return-to-office policies became popular in early 2022.

As we look ahead, talent acquisition experts believe data, tools, and culture are the keys to combating labor shortages and rising costs.

- ▶ **Data:** Talent acquisition leaders recognize the importance of attracting candidates from diverse and nontraditional backgrounds. Furthermore, 95% of CEOs consider diversity, equity, and inclusion (DEI) a top priority¹³. Conduct an in-depth analysis of your hiring process to see how your data aligns with current trends.
- ▶ **Tools:** Approximately 75% of recruitment professionals utilize technology to optimize their recruitment process¹⁴. Beyond conventional applicant tracking systems, research indicates that recruiters are leveraging automation and AI software for screening, scheduling, and interviewing applicants.
- ▶ **Culture:** According to INSEAD research, 45% of participants indicated that camaraderie and collaboration have declined since the onset of the pandemic¹⁵. Another survey found that 34% of new hires who quit within the first 90 days did so because of unsatisfactory work cultures¹⁶.

Talent acquisition teams can significantly improve employee retention by conveying the company's

culture to potential hires during the interview process. They can quickly identify candidates who can work well remotely by asking the right questions while aligning with the company's core values.

What happens when both challenges collide—when inflation and the labor market clash in the perfect storm? At a recent press conference, Federal Reserve Chair Jerome Powell discussed current interest rate hikes and their goal of lowering inflation. He noted the unbalanced labor market and anticipated that unemployment could reach 4.4% by the end of 2023, potentially leading to 1.3 million job losses¹⁷. He acknowledged that this was a possible outcome—but not a certainty.

Professional forecasters share this sentiment and expect the unemployment rate to increase to 4.3% in the third quarter and 4.4% in the fourth quarter of 2023¹⁸. This will likely result in fewer job openings, pointing to a labor market near equilibrium. As such, labor costs should decelerate significantly.

Research indicates that when the unemployment rate approaches its equilibrium level, the Employment Cost Index (ECI) growth tends to decrease to approximately 3%¹⁹. In the two decades before the Covid-19 pandemic, average Personal Consumption Expenditures (PCE) inflation was 0.8 percentage points lower than ECI growth. An ECI growth rate close to 3% would be consistent with a PCE inflation rate of around 2%.

Should the market downturn in 2023, businesses must take a more measured approach to re-sizing their workforce. Have your talent acquisition team prepare for the worst-, average-, and best-case scenarios to prepare for whatever lies ahead. The eventual recovery goes hand-in-hand with the downturn, so ensure you're focusing on both equally.

¹¹ <https://www.foxbusiness.com/markets/blackrock-ceo-larry-fink-discusses-inflation-esg-investing-energy-sector>

¹² <https://www.bls.gov/charts/productivity-and-costs/nonfarm-business-sector-indexes.htm>

¹³ <https://www.summitleadership.com/whitepaper-talent-management-challenges/>

¹⁴ <https://employvision.com/top-5-ways-technology-is-changing-the-way-we-find-talent/>

¹⁵ <https://knowledge.insead.edu/leadership-organisations/great-covid-driven-teamwork-divide>

¹⁶ <https://www.jobvite.com/wp-content/uploads/2022/03/JSN-2022-3-25.pdf>

¹⁷ <https://www.federalreserve.gov/mediacenter/files/FOMCpresconf20220921.pdf>

¹⁸ <https://www.piie.com/blogs/realtime-economics/us-workers-wage-gains-2023-are-likely-exceed-inflation>

¹⁹ <https://www.piie.com/publications/working-papers/low-inflation-bends-phillips-curve>

California Economy

Thriving with an innovative and collaborative business ecosystem

At Premier Valley Bank, a division of HTLF, our team is committed to deeply understanding every intricacy of every client's financial relationship. With this commitment in mind, we proudly grew our client base in 2022 and with the power of local decision making, we continued to support our clients with an increase of loan outstanding by 25%.

As our clients' needs adapted, we expanded our product offerings for both consumer and business clients. To provide the best service to our clients, we grew our workforce and opened a new banking center in Salinas, California.

President and CEO, Lo B. Nestman, is cautiously optimistic about the economy as we work through 2023. He expresses, "The US economy grew last year at around 2.8%. First quarter 2023 that slowed to 1.1%. Depending on employment and inflation, most predictions have growth around 1.5% for the year with a bit off to .9% in 2024. "

The power of California's economy, could make for a brighter 2023. California is known for being one of the largest, fastest growing, and diverse regions in the United States with a large portion of the economy driven by the tech and agriculture industries. The success of these industries has contributed to California's strong economic growth. As housing prices continue to soar, the state is facing a shortage of affordable housing, forcing many residents to relocate further from their jobs to less expensive areas. This migration has led to an increase in travelers on the roadways and transit systems. In an effort to battle the housing crisis, Governor Gavin Newsom recently signed legislation to streamline the housing approval process in California. Governor Gavin Newsom expresses, "California has made historic investments and taken unprecedented actions to tackle the state's housing crisis over the past four years. But we recognize there's more work to do – this package of smart, much-needed legislation will help us build new homes while rebuilding the middle class. I'm thankful for the leadership of the Legislature for stepping up to meet this moment to help address the affordability crisis that stretches across the entire nation". The legislation is set to create an estimated 2,755 new homes for Californians.

In 2023, industries such as agriculture, manufacturing, and healthcare will continue to thrive in the innovate environment California has built. Our team of industry experts look forward to partnering with these businesses and helping them achieve their growth goals. To achieve growth despite economic pressures, businesses will need well-defined business strategies and liquidity management strategies. Throughout this year, we may also see acquisition opportunities for well-positioned businesses in California.

The power of California's economy, could make for a bright 2023. California is known for being one of the largest, fastest growing, and diverse regions in the United States with a large portion of the economy driven by the tech and agriculture industries. The success of these industries has contributed to California's strong economic growth.



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